



Base Bulletin

Vandenberg AFB, CA 93437-0759



8 January 2003

No. 2

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via email to publishing.management.dci@vandenberg.af.mil or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCSP-DCI by noon Friday, the week before you want your item to appear. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Hazardous Waste: The Consolidated Accumulation Point (CAP) phone lines are out. If you need hazardous waste taken care off, the alternate phone numbers are (805) 717-1154 and (805) 896-3191. POC

b. Airman Against Drunk Driving: 8 Jan 03, 1500 at the Services Center. We will be voting on next year's Executive Council members, as well as discussing ongoing issues. Positions openings include Program Manager, Volunteer Coordinator, Recorder, and Publicist. The program is open to all DoD personnel and rides home are confidential. If you or someone you know has been drinking without a designated driver, please call 698-8822/23 on Thursday through Sunday. For more information call SrA Paige Ramos at 6-6070 or TSgt Thomas Merrett at 6-9876. POC: SSgt Osberry, 30SCS/SCSVC, 6-7544.

c. African-American Association's General Membership Meeting: 9 Jan 03, 1530 at Chapel 1 Annex. Additional meetings will be held 6, 16, and 23 Jan 03 at 1530 in the Chapel 1 Annex to plan for the upcoming Martin Luther King Jr. (MLK) and Black History Month events. All active duty members, spouses, dependents, and retirees are welcome. For more information, contact MSgt Quinn Johnson or SSgt Karon Williams at 6-0358 and 5-3544. POC: MSgt Daniel, SPACEAF/A44C, 6-2830.

d. Change Of Command: 10 Jan 03, 1300, Services Center. Colonel Charles W. Campbell, Jr., Commander, 30th Medical Group, Cordially invites you to attend the Change of Command ceremony as Lieutenant Colonel Robert I. Miller relinquishes command of the 30th Medical Operations Squadron to Lieutenant Colonel Angela L. Thompson. (POC MSgt Vasquez, 30 MDOS/SGOH, 6-8217)

e. LOA: There will be a Logistics Officer Association Breakfast on 10 Jan 03. It will be held at the Bowling Alley starting at 0700, all Logistic Officers are welcome to attend - No RSVP is necessary. Attendees, please order your breakfast prior to the start of the meeting. POC: Capt. Richard W Branson, 576FLTS/FTQ.

f. Major Selectees' Promotion Party: 10 Jan 03, 1600 at the Pacific Coast Club. Jan 10th, at 1600 at the Pacific Coast Club. All base personnel are invited, and food and beverages (non-alcoholic and otherwise) will be served. POC: Capt Wetmore, 2nd Launch Squadron, 5-4015.

g. P.A.I.R., Partners Assisting In Reading, Orientation: 13 Jan 03, 1500-1545 in the Crestview Library. Volunteers read with a student 30 minutes a week from 21 Jan 03 through 9 Apr 03. American Red Cross Credit hours and free childcare are available. To sign up, call 734-1651.

h. Air Force Sergeant's Association Chapter 1356 General Membership Meeting: 14 Jan 03, 1530 at the Services Center, Bldg 10122, corner of Washington Ave and California Blvd. AFSA membership is open to all active duty and retired enlisted military. AFSA lobbyists continue to inform members of Congress of the sacrifices those who wear and have worn the uniform, (and their families) make on a daily basis for the protection of the American way-of-life. From fighting for full pay raises for those still wearing the uniform, to full on-time cost of living allowances (COLA) for retirees, AFSA continues to lead the way to preserve and

improve the quality-of-life for its members. AFSA Chapter 1356 needs Team Vandenberg's support. For additional information, please contact TSgt Astrosky at 6-8700.

i. Reschedule of Annual New Programs: 16 Jan 03 at 1000 in the Building 7000 Theater. This briefing will focus on more than 20 new programs at the 30th Space Wing. The briefing is classified FOUO. POC: Paul Klock, 30 SW/XPR at 5-7210.

j. Commander's Quarterly Combined AFOSH/Hazard Injury Council Meeting: 23 Jan 03, 1400-1530, in the WROCC Theater, Bldg. 7025. All Team Vandenberg Commander's are highly encouraged to attend as well as Reserves, Guard and interested personnel. Purpose of the AFOSH/Hazard & Injury Council is to address all safety, health and fire protection issues. POC: Ms. Pangelinan, 30SW/SEGB, 6-8804.

k. Chiefs' Induction Ceremony: 25 Jan 03, 1800 at the Pacific Coast Club. The Vandenberg Chief's Group cordially invites you to attend their Annual Chief Master Sergeant Induction Ceremony and Dinner honoring the newly selected Vandenberg Air Force Base Chiefs. The menu includes Central Coast Surf and Turf or Stuffed Chicken Breast Italiano for \$25. Dress for military is mess dress/semi-formal and for civilians coat and tie. POC for the event is CMSgt Vee Hunt, DSN 275-6416.

l. Team Vandenberg Annual Awards Suspense: All Company Grade Officer, Enlisted, and Volunteer packages are due NLT 1630 Hrs, Monday, 27 Jan 03. HAND CARRY packages to Bldg 10577, 30 SW/PA (moved back to original drop-off), addressed to 30 SW/CGO Board Facilitator, 30 SW/Enlisted Board Facilitator, and 30 SW Volunteer Board Facilitator. Civilian packages are due NLT Friday, 24 Jan 03. HAND CARRY Civilian packages to 30 MSS/DPMP, Bldg 11777, Room C-216. All Rules of Engagement/Criteria can be found at the following link: http://www.vandenberg.af.mil/awards_promotions/guidance/index.htm (30MDG/CEM 6-8736).

m. 30 MSG Quarterly Award Winners for the period 1 Oct-31 Dec 02:

★ SrA Christopher Doyle	(30 SFS)	Airman of the Quarter,
★ SSgt Gary Morgan	(30 SFS)	NCO of the Quarter,
★ MSgt Joseph Frongillo	(30 LRS)	SNCO of the Quarter,
★ 2d Lt Lillian Reynolds	(30 MSS)	CGO of the Quarter,
★ Mr. Toshiaki Yamamoto	(30 LRS)	Civilian of the Quarter (Cat I),
★ Mr. Michael Ulin	(30 LRS)	Civilian of the Quarter (Cat II).

Congratulations to all award winners. POC: TSgt Astrosky, 30 MSG/CCIM, 6-8700.

2. 30th Space Communications Squadron:

EMSEC, COMPUSEC, IAAP, COMSEC, Network Security? Find out more on the AFSPC Information Assurance web page at <https://midway.spacecom.af.mil/infoprotect/index.htm>

3. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: SSgt Papa, ext 6-0904 (30LRS/LGRT)

b. It's Your Move: If you are scheduled to make a Government sponsored move this message is for you. The Traffic Management Office (TMO) would like to send you information to assist you with your move. Along with the briefings, an "E" package of tips and information on your upcoming move can be emailed to your computer. POC: Maureen Burt, 6-6932/33 (30LRS/LGRT)

c. Attention TMO Customers: If you have recently arrived PCS and have household goods in storage awaiting quarters, schedule delivery of your personal property as soon as you have a firm address and move in date. Local agents may not be able to provide prompt delivery services if they are not provided sufficient lead-time. POC: SSgt Agcaoili, 6-0906 (30LRS/LGRT)

4. Civilian Personnel: (30 MSS/DPCE, 6-5847)

Voluntary Leave Transfer Program: Leave donations are being requested for Doris Vogel, 30 CPTS, Vandenberg AFB. Civilian employees who wish to donate annual leave to Ms. Vogel must complete and turn in an OPM Form 630-A. Forms are available in Building 11777, Room B-105. Forms can also be accessed on the web at: http://www.opm.gov/forms/pdf_FILL/opm630A.pdf.

5. 30th Security Forces Squadron Information:

a. Firearms Registration: IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1, all Base residents who own or possess firearms must register them with the Pass and Registration Office. To

initiate the process, request an AF Form 1314, Firearms Registration. Members can obtain it from their own unit Orderly Room, or from Pass and ID. If the owner is directed or required to store the weapon in our armory, then take the form (and weapon) to the armory. If the weapon does not need to be stored in the Armory complete the form in triplicate, and take the signed form to Bldg, 11777, Room C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30 SFS/SFOSP)

b. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If you are interested in starting this program in your area, call Resource Protection Monitor, 5-0797. (30 SFS/SFOSP)

6. Air Force Reserves:

Briefing: 14 Jan 03, 1300, Bldg. 11777, Room C-114. If you are interested in applying for this program, you must first attend the Palace Chase briefing. For more information, call MSgt Kartheiser. (AF Reserve Recruiter, 30 MSS/ISR, 6-2704)

OFFICIAL

Robert M. Worley II
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III — UNOFFICIAL

General Information:

a. Base Theater Schedule: 10 Jan 03: The Emperor's Club, Rated PG-13, Showtime at 1930 with doors opening at 1910. 11 Jan 03: The Truth About Charlie, Rated PG-13, Showtime at 1930 with doors opening at 1900. Please call Theater schedule at 734-1315 for any further information. Please Note: There is a 15-person minimum to show all movies. (AAFES)

b. DMS 3.0 End User Training: The Base Communications Center will be hosting a team offering DMS 3.0 user training. The Base will be soon be upgrading to the newer version, which has a significantly different interface from previous versions of DMS. Though not mandatory, it is highly recommended and encouraged people who use DMS to send official email (i.e. Secretaries, Executive Officers, Information Managers, etc.) attend. There will be morning and afternoon classes, held in the 2nd floor Conference Room, Building 12000, available on the following dates: 8 Jan 03, 0730-1130, (19 slots available), 8 Jan 03, 1230-1630 (20 slots available), 9 Jan 03, 0730-1130, (21 slots available). POC: SSgt Alan Palazo, 30SCS/SCBG, 6-7198, alan.palazo@vandenberg.af.mil.

c. 30 CPTS Office Renovation: Squadrons in need of furniture, please stop by Bldg. 11777, Room A107 to claim excess furniture. All items must be picked up by 8 Jan 03. POC: SSgt Galan, 30CPTS/FMFL, 5-0627.

d. Lompoc Community Concert Association's Second Concert: 10 Jan 03, 1930 in the Trinity Church of the Nazarene at 500 E. North Avenue, Lompoc. Robert Sims lyric baritone who is critically acclaimed for his rich luxuriant tone and energetic performance will perform. He is noted for his moving and authentic interpretations of African-American spiritual. Adult series, student, and family subscriptions for the remaining four concerts are still available and single tickets will also be available at the door. For more information contact Molly Blaschke at 733-2125 or Jean Jacoby at 736-8713 in Lompoc or Anabelle Dalberg at 688-4687 in the Santa Ynez Valley. POC: Margaret.Clark@fscnet.vandenberg.af.mil or call 6-3118.

e. Las Vegas Trip: 17 Jan 03 through 20 Jan 03 there will be a tour bus to Las Vegas during Martin Luther King weekend. Cost is \$45 per seat. You will need to make your own hotel accommodations. If you wish to reserve a seat on the bus, please call Jerry Reyes at 6-6439 or email to jerry.reyes@vandenberg.af.mil.

f. Vandenberg's Commissary Football Fan Of The Year: Turn in a short essay about yourself, a friend or family member telling us why they should be crowned "Football Fan Of The Year" NLT 17 Jan 03 for your chance to win your own Super Bowl Party. POC: Ms. Paige Zunia, DECA, 734-3354.

g. Civilian Management Training Committee (MTC): The next Civilian Management Training Committee will meet on 30 Jan 03. If you wish to have a civilian training request considered for funding at the next

meeting please have your packages submitted to 30 MSS/DPHE, Civilian Training, bldg 14002 (across from the Commissary), by COB Friday, Jan 24th. All packages must include an original DDFM 1556, course information, and a letter of justification and registration information. If you have any questions please contact Ms. Barbara LeFebvre, Civilian Training Office, at 5-5913.

h. RN Telephone Triage: Immediate long term, part time opening at local military Clinic. Must be licensed in state of California, minimum 5 years of experience, work independently, must be computer literate and possess good problem solving skills. Excellent salary. Contact this site if interested: hr@altosgroup.com or Fax resume to (202) 726-7717. POC: Capt Fowler, 30MDG/SGSB, 6-1959.

i. Depression Management Treatment: The Life Skills Support Center (LSSC) is offering a 6-week depression management treatment group to both active duty personnel and their dependents. The group is held at LSSC on Thursdays from 1030-1200, with new groups beginning every 6-8 weeks. Each participant is given a manual in this empirically supported cognitive-behavioral class, which teaches several different strategies designed to help participants elevate their moods (including lifestyle factors—e.g., sleep, exercise, increasing rewarding activities, etc.—and challenging problematic thoughts). This group is appropriate for adults or mature adolescents who are experiencing depression. Participants experiencing suicidal ideation should also be engaged in individual therapy (at LSSC for active duty personnel, or with a civilian mental health provider for dependents) to appropriately monitor and manage risk. Medical or mental health providers can refer patients to this group using a SF 513. Referrals will be scheduled for a brief intake with Capt Hatch or other LSSC provider before the group begins. Questions regarding this group can be addressed to Capt Arlin Hatch or one of the LSSC staff. POC: Capt Hatch, 30MDG/SGOH, 6-8217.

j. Thrift Shop: Donate your used or unwanted items to the Vandenberg Military Spouse's Thrift Shop, located on New Mexico Avenue in Building 11180. Hours of operation are Wednesdays and Fridays from 0930 to 1400, and the first Saturday of every month from 0900 to noon. Got furniture? Donate it to the Airman's Attic, located in the Family Support Center, Building 10525. Food items? Donate them to the Food Pantry, located in the Family Support Center, Building 10525. POC: Kim Turner, 739-2600, ext. 222. Brown at 6-0801.

Chapel: (30SW/HC, 6-5773)

a. G.I. Java: All dorm residents are invited to come & enjoy a FREE cup of coffee served just the way you like it. It's open Mon-Sat, 1700-2100 located in the Delta Dayroom. Volunteers are always needed! For information call SrA Straub at 6-5773.

b. Monthly Prayer Breakfast: All are invited out to come to nourish your body as well as your spirit. This month's breakfast will be on 9 Jan 03 at 0630 in the Chapel I Annex. This month's speaker will be Lt Col Douglas Kendall from 381st TG and 30 MSS will prepare breakfast.

c. Worship Schedule: 1700, Sat: Catholic Mass, Chapel II; 0830, Sun: Praise & Worship Service, Chapel II; 1000, Sun: Catholic Mass, Chapel I; 1130, Sun: General Protestant Service, Chapel I; 1130, Sun: Gospel Service, Chapel I.; 1130, Mon through Fri: Daily Mass, Chapel II.

Family Support Center: To Pre-Register for all Classes, Workshops & Seminars, call the designated point of contact. (30 MSS/DPF, 6-0039)

a. Financial Planning: 10 Jan 03, 1100-1200 at the Family Support Center. This workshop is designed to help you understand how to create a financial plan that meets your daily and future needs. Learn about budgeting, investing, and developing a good spending plan. Contact Jimmy Camacho at 6-4491 to register.

b. Global Hearts Group Spaghetti Dinner: 11 Jan 03, 1700-2000 at the Chapel Annex. If your spouse is deployed, on remote tour, or extended TDY (more than 30 days) please come and join us. Menu: Spaghetti with sauce and bread. Call TSgt Todd LeFebvre at 6-1607 with the number of people attending.

c. Pre-Separation Briefing: This briefing is required 90-120 days prior to leaving the service for military members scheduled to retire or separate. This mandatory counseling session consists of service member benefits. Spouses are welcome and encouraged to attend. This session is offered every Tuesday morning, 0800-0900 (except TAP seminar week). Contact Bob Brown at 6-0801.

d. Single Parents Support Group meets the second and fourth Tuesday every month, 1130 to 1300 at the Services Center. This is an opportunity for single parents to meet other single parents as well as discuss any stressors with their responsibilities at home or at work. Facilitator is Linda Bastine, 6-9958. No registration is required.

e. Manage Your Move: This workshop will be held on 15 Jan 03, 0845-1100 at the Family Support Center. For adults on the move, includes briefings from Housing, TMO, Finance, Legal Office, and tips from TRICARE. An overseas cultural adaptation segment follows at 1100-1130. Have your questions ready and plan to

attend within 90-120 days prior to departure. Spouses are encouraged to attend. Contact Sally Galligan or Bob Brown at 6-0801.

f. Henry H. Arnold Educational Grant: AFAS provides \$1,500 grants for undergraduate studies to **dependent sons and daughters** of active duty, retired, deceased, and Title 10 AGR/Reserve, or spouses of active duty members and Title 10 AGR/Reservists, and surviving spouses of deceased Air Force members. Applications are available at the Family Support Center. The applications can also be reached at www.afas.org. Contact Lyn Smith at 5-8551.

g. Give Parents A Break Program: Available to eligible parents for a few hours break from the stress of parenting. Families must be referred by the Squadron CC, First Sergeant, Chaplain, Family Support Center personnel, a medical professional, Child Development Center, or Family Advocacy. Please be advised that you cannot register for this program over the telephone. Please come to the Family Support Center AFAS office. **PARENTS:** before registering your child for the program, please make sure your child's shot record is up to date. Call 5-8551 for more information.

h. Volunteers Needed: If you are looking for a rewarding way to help our military community, meet other people, and learn about the base and local area, then consider volunteering at Family Services. Just a few hours a week can make a real difference in the lives of our military families. Free childcare for up to 15 hours/month is available for our volunteers. Call 6-5484 or 6-0039 for more information.

30th Services Squadron: (30SVS/SVK, 6-0276)

a. Pacific Coast Club: (For information on any Cub functions, please call 734-4375 or 734-4376).

\$ Club Card Drawing: The drawing is every Friday between 1700 and 2000. \$50 giveaway in each lounge each week. Must be present to win.

Entertainment/Events:

♫ **Live Music:** 10 Jan 03, 1800-2300, Officers' Lounge. Music from the band 'DZIRE'

♫ **DJ:** 10 Jan 03, 1900-2400, Enlisted Lounge.

♫ **Mug Night:** 11 Jan 03, 2100-0200, Enlisted Lounge.

Menu:

🍴 **Lunch Buffet:** Returned 7 Jan 03:

🍴 **Mongolian BBQ:** 8 Jan 03, 1800-2000.

🍴 **Sunday Brunch:** 12 Jan 03, 1000-1300.

🍴 **Weekly Lunch Schedule:** Tuesdays-Mexican, Italian, or Oriental Buffet (on a rotating schedule), Wednesdays-Santa Maria BBQ Buffet, Thursdays-Chicken and Ribs Buffet, and Fridays-Seafood Buffet.

b. Fitness Center: (30SVS/SVMP, 6-3832)

🏀 **Dodge ball Tournament:** 10 Jan 03, 1800.

c. Bowling Center: (30SVS/SVK, 6-3209/734-1310)

🎳 **Airmen's Night:** 9 Jan 03, 1700-2100. Every Thursday night at the Bowling Center, E-4's and under bowl for just \$1 per game.

🎳 **Valley of the Flowers Tournament:** 11-12 Jan at VAFB Bowling Center & 18-19 Jan at Ocean Lanes in Lompoc. Pick up your sign-up forms today!

🎳 **Name the Bowling Center Contest:** Bowl a game, submit a new name. It's as easy as that! From now until 15 March 03, you can enter the 'Name the Bowling Center' contest. Get an entry form each time you bowl and suggest your new name. Have a chance to win weekly prize drawings. If your name is picked, you get an entire summer of free bowling!

d. Library: (30 SVS/SVT, 6-6414)

📞 **Dial-A-Story:** The library's storytelling telephone service is back! Just dial up 6-4300 and listen in on some fantastic stories over the phone. Available 24/7, stories usually change out Sundays.

e. Youth Center: (30SVS/SVYY, 6-2152)

📄 **Membership Drive:** 2003 membership cards are available at the front counter. Stop by and see all the great benefits Youth Center membership has to offer.

f. Marshallia Ranch Golf Course: (30SVS/SVRG, 6-6262)

🏌️ Upcoming Tournaments

10-11 Jan 03: Retired Military Golf Tournament. Call the Pro Shop for details.

19 Jan 03: Scotch Foursome Tournament. Call the Pro Shop for details.








g. Services Center: (30SVS/SVYR, 6-7976)

💃 **Free Dance Lessons:** Wednesdays, 1830-2100. Free country-western line dancing lessons.

💃 **Natural Knead Massage:** Gift baskets and gift certificates are available for the holidays.

💃 **Tops In Blue:** 24 Jan 03, doors open at 1900, show at 1930 at the Lompoc Valley Middle School.

h. Family Child Care: (30SVS/SVYD, 6-4639)

-  **Child Care Providers:** The need for Child Care Providers has never been greater! Help make a difference and find out how you can become a licensed childcare provider. Contact Gwendolyn Jones at 6-4639 or 6-3255.
- i. Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
-  **Winterizing Equipment:** Make an appointment with Outdoor Recreation to learn how to winterize you lawn equipment. Also, for those who are about to PCS, learn how to safely disassemble those items for packing and storing.
- j. Family Aquatics Center:** (30SVS/SVRO, 6-3581)
-  **Pool Closure:** Due to heater repairs, the pool will be closed until further notice.
- k. Skills Development:** (30SVS/SVRS, 6-6438)
-  **Classes & Workshops:** Woodworking, Ceramics, Stained Glass, Framing, and Auto Skills classes are available. Stop by for a complete schedule.
-  **Ceramics Green ware Processing:** 9 Jan 03, 1700-1900. Class runs the second Thursday of the month.
-  **Basic Framing & Matting:** 14 Jan 03, 1700-1900. Class runs the second Tuesday of the month.
- l. Information, Tickets & Travel:** (30SVS/SVYR, 6-7976)
-  **Lake Tahoe Trip:** 23-26 Mar 03. \$200 per person single occupancy (\$150 double, \$120 triple). 2 days and 3 nights at the Holiday Lodge, next to the Heavenly ski lift (tickets also available).

Education Center: (30MSS/DPHE, 5-5904).

- a. American Military University:** Is now offering free undergraduate tuition to spouses of active duty members that are also attending the college as an undergraduate student. The program is called Spouse Schoolmates Scholarship. For more information contact AMU at (703)-330-5398 or on the Internet at <http://www.apus.edu/amu/home/default.asp>.
- b. The Air Force Spouse Scholarship program:** Is designed to encourage Air Force spouses worldwide to pursue associate/bachelor undergraduate or graduate/postgraduate degrees. The Aerospace Education Foundation provides an annual Spouse Scholarship to spouses of Air Force Active Duty, Air National Guard or Air Force Reserves. The scholarship is for \$1,000 and applications/instructions are available at the Base Education Center, Bldg 14001. Applications will be accepted through 31 Jan 03. If you need more information call the Base Education Center at 5-5904 or Kathy Moran at 5-5905.
- c. Embry Riddle Aeronautical University offers Two Bachelor Degree programs:** We offer two Bachelor Degrees in Professional Aeronautics and Management of Technical Operation and also offer two Master Degree Programs in Aeronautical Science and Business Administration. Our Master Program classes are taught at our off-base location at 3875-F Constellation Road, Vandenberg Village. Registration for Spring 03 will run through 10 Jan 03. Embry-Riddle is located in the Education Complex, 144 Wyoming Ave. Bldg 14004 Room A-1. Our office hours are Monday through Thursday 0900-1730 and Fridays 0900-1200. If interested in our Programs please call us at 6-6557 or 734-4076 or by email erau@sbceo.org.

Computer Training: (MCA, 6-3771)

- a. Personal Computer Systems Training:** Call for information and dates for our new classes, **Adobe Acrobat Writer, Photoshop Elements, and Advanced Access**. Learn Introduction to Computers -- A basic classes for beginners; Word 2000; Word Advanced; Excel 2000; Excel Advanced; PowerPoint 2000; Access 2000 Beginning; Access 2000 Intermediate; Access Lab, Palm PDA Beginning, and Project 2000; Publisher 2000, Front Page 2000, Outlook, and Outlook Email Only. In addition to the existing traditional demonstration/lecture courses offered at the Computer Training Facility located within Bldg. 9360, MCA Engineers, Inc. also reserves 4 hour blocks of time specifically for those students interested in completing Computer Based Training (CBT) Courseware. This provides an alternate method for those who are unable to satisfactorily complete CBT's at their Personal Computer in their work environment. Slots are available both in the morning and afternoon time frame. Call for more information, or e-mail to: lexi.schwartz@vandenberg.af.mil.
- b. New Hardware Class:** Did you get a digital camera or scanner for Christmas? If so, you may be interested in taking our Photoshop Elements class which meets January 13 thru 17 from 1300 to 1600 hrs in building 9360, room 107A. Email back with your request to be in this class. There are a limited number of seats available, so respond quickly!
- c. Computer Tip: Renaming Fields In A Query:** Sometimes you may take shortcuts when naming your fields, trying to make things easier. However, you may not realize that you might complicate things down the road. For instance, Tel No may not be a good label for the telephone number control on a data entry form. You're probably very familiar with Access's label behavior in this respect. Access will display the field's name

in a text box's label component. If you base the form on a table, you'll have to reenter the label's Caption property. However, if you base the form on a query, you can create a new reference to that field. For instance, if your field's name were Tel No, instead of just dragging that field to a field cell in the query design grid, you'd enter the expression Telephone Number: [Tel No]. That way, Access would display the Tel No field but label it Telephone Number. Of course, if you're working with only one form, this behavior won't make much difference. You can reenter the field name in the label control, or you can reenter it in the query design grid, but either way, you're still reentering the field name. However, if you base several objects on this query, you can avoid reentering the field name. POC Lexi Schwartz at 6-3771

d. Available Classes: The following classes currently have room and are available on a "first come-first serve" basis. Email us to register for classes you would like to attend.

Course Name	Date(s)	Time
Project 2000	1/7-10	08:00-11:00
UCM Training	1/8	08:00-11:30
Photo Cropping and Cloning	1/8	11:30-12:30
Outlook Email Only	1/9	13:00-16:00
Intro to Computers	1/10	13:00-16:00
Internet Explorer Tips and Tricks	1/10	11:30-12:30
Outlook Email Only	1/13	08:00-11:00
Office Drawing Toolbar	1/13	11:30-12:30
Word 2000	1/14-16	08:00-11:00
Office Routing Documents	1/15	11:30-12:30
ADPE EC Training	1/15	09:00-11:00
FormFlow	1/17	08:00-11:00
Excel Headers and Footers	1/17	11:30-12:30

Note: Walk-ins are always welcomed!

American Red Cross

Spanish Bilingual Disaster Responder Courses. Santa Barbara County Chapter, Santa Maria Office American Red Cross, 222 West Carmen Lane, 928-0778. We are looking for bilingual volunteers to participate with the Red Cross in case of disaster to assist the affected community. Classes will be held in Spanish.

Course	Date	Time
Orientation to Red Cross / Introduction to Disaster Services	17 Jan 03	1800-2130
Mass Care Overview	24 Jan 03	1800-2130.
Damage Assessment	31 Jan 03	1800-2130
Shelter Operations	7 Feb 03	1800-2130
Shelter Simulation	14 Feb 03	1800-2130
Providing Emergency Assistance to Families	24 Feb 03	0830-1700
Disaster Action Team Workshop DAT	28 Feb 03	1800-2130

Classes are held in the Santa Maria Office at 222 West Carmen Lane, Suite 102. All classes are free. The objective is to train individuals and/or groups as primary responders with the Red Cross in case of disaster in our community. To register or for more information, please call (805) 928-0778

Items For Sale or Wanted

For Sale: 2000 Mitsubishi Montero Sport XLS, 38,000 miles, two-tone paint (main color is maroon), 3.5L V-6, tan leather interior, power everything, CD, AC, self dimming rearview mirror with external temperature and compass, sliding sun roof, lots of storage compartments in rear, full size spare tire, extremely clean, always garaged, all routine maintenance records, one owner. Must sell. Asking \$18,900. Call (805) 734-3060.